

## Prayers of preparation for the Holy Communion

I believe, Lord, and acknowledge that you are the Christ, the Son of the living God, who came into the world to save sinners, among whom I am the foremost.

And I believe that this is truly your own most precious Body, and that this is indeed the most precious Blood. Therefore I pray you to have mercy on me and to forgive me my transgressions, both voluntary and involuntary, whether by words or deed, knowingly or unknowingly; and make me worthy to partake without condemnation of Your most pure mysteries, for the forgiveness of my sins and for eternal life, Amen,

Accept me today O Son of God, as a communicant in Your mystical supper, for I will not speak of the mysteries to Your enemies, nor will I give You the kiss of Judas, but like the thief I will acknowledge You and say: Remember me O Lord, in your kingdom.

How can I, the unworthy one, enter into the glory of Your Saints? For should I dare to enter the bridal chamber with them, my clothing betrays me, for it is not the wedding garment, and bound I shall be cast by the Angels.

So cleanse my soul, O Lord, from the stains of sin, and save me by Your love for mankind.